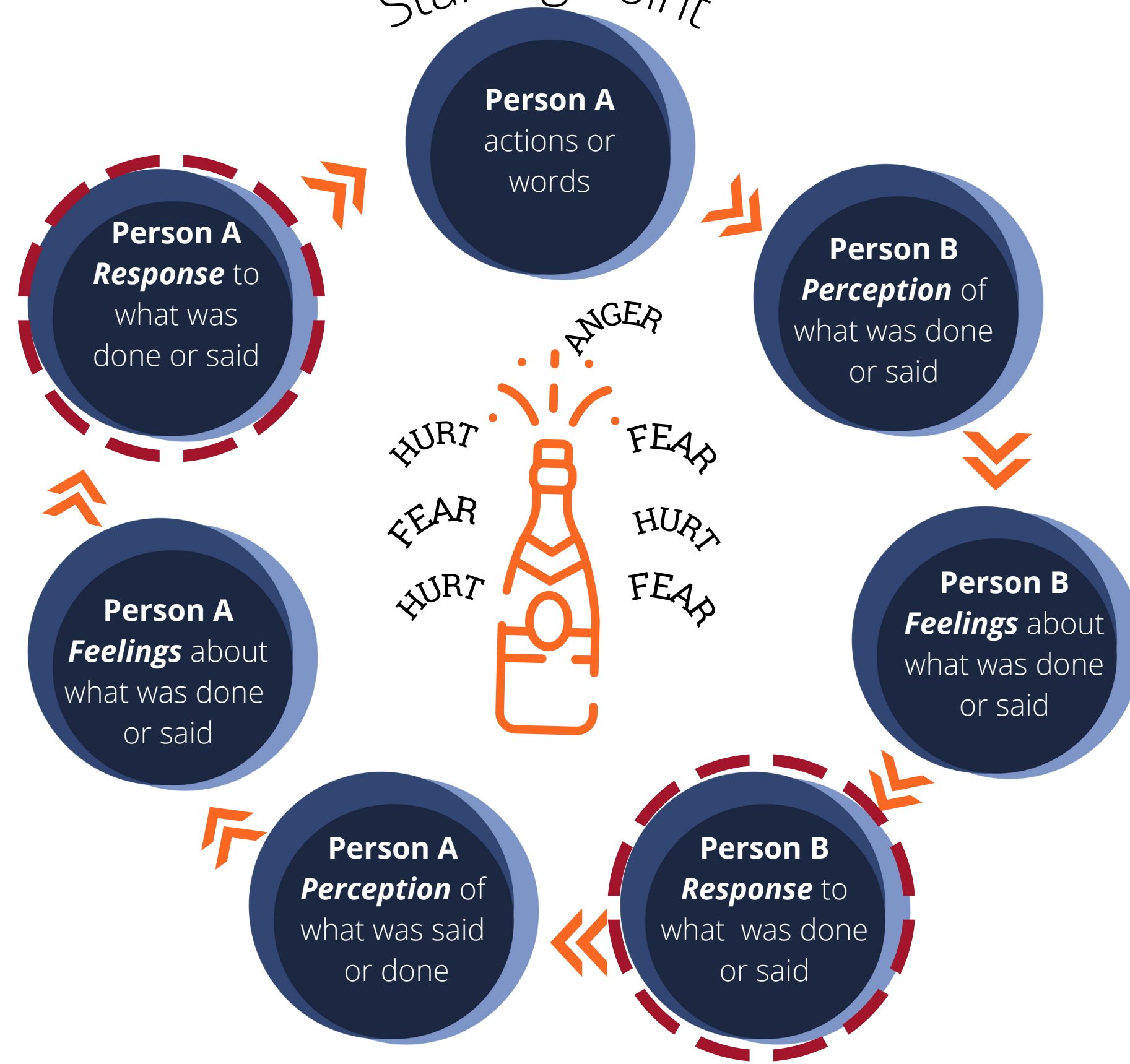


# The Cycle Of Conflict

Hurt and Fear are **primary** emotions

Anger is a **secondary** emotion!

Starting Point



HOW WE RESPOND IS EVERYTHING!

If the cycle is to be broken, one person must accept responsibility.

One person must reflect and respond appropriately rather than react!

When we recognize that fear or hurt is present the challenge or conflict can dissipate.

**Note:** The broken lines indicate strategic points that will determine whether we have negative or positive conflict!

